

# Free\* COURSES

## Adult Community Education at Morella

July 2024



08-84068482, 0484958823



[communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)



Morella Community Centre  
90 Kings Road, Parafield Gardens  
Karna Country



# Learn in an inclusive community-based adult learning environment!

Start your learning pathways today! Get the support you need to build your confidence and skills to identify work and study opportunities. Pursue your personal/career goals with lots of support around you and with plenty of fun, hands-on activities while learning.

Many of our Accredited and Non-Accredited courses are **free** of cost for eligible participants.

**Creche** is available for some of our courses.

**An experience for all kinds of learners!**

**Browse through and explore new ways  
to improve your communication,  
writing, reading and foundation skills.**

# PATHWAYS TO THE CHILDREN'S SERVICES INDUSTRY

*Living and working with children*



\*FREE COURSE

\*FREE CRECHE AVAILABLE

 **Mondays, Commencing 29th July 2024**

 **9:30 am - 1:00 pm**

 **Morella Community Centre  
90 Kings Road, Parafield Gardens. Kaurna County**

This fully funded 15-week Accredited course introduces participants to the Children's Services industry in a welcoming community learning environment. The focus will be to improve verbal and writing skills for industry use and explore education pathways in children's services. We explore:

- Early Years Learning Framework
- Safety with children
- Nature & sensory play
- Speech in children
- Understand development and growth
- Literacy in children
- Nutrition in children

**Please register your interest by contacting us.**

 **08-84068482 , 0484958823**

 **communityeducation@morella.org.au**

This course is delivered and assessed by Interskills (RTO 6653) which is the issuing registered training organisation. Students are enrolled in **BSBCMM211-Apply communication skills**. Successful participants will receive a Statement of Attainment.

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*

*Creche (childminding) is available for children of parents/primary caregivers attending the course.*



**Interskills**  
TRAINING

NATIONALLY RECOGNISED TRAINING Interskills is a division of WISE Employment RTO 6653



# COMMERCIAL KITCHEN PRACTICES

**Food Safety and Hygiene through cooking**



**\*FREE COURSE**

**\*FREE CRECHE AVAILABLE**

 **Fridays, Commencing 2nd August 2024**

 **9:30 am - 1:00 pm**

 **Morella Community Centre  
90 Kings Road, Parafield Gardens. Kaurna Country**

This 15-week Accredited course will introduce participants to identify work opportunities and future study pathways in the food industry while developing employability skills essential for the sector. Participants will learn safe food handling, hygiene practices and industry vocabulary by performing a range of hospitality tasks.

Topics covered include:

- Kitchen glossary and measurements
- Follow recipes to prepare food safely
- Understand various dietary requirements
- Recipe modification techniques
- Practical use of kitchen appliances
- Operate a commercial barista machine.

**Please register your interest by contacting us.**

 **08-84068482 , 0484958823**

 **communityeducation@morella.org.au**

This course is delivered and assessed by Interskills (RTO 6653) which is the issuing registered training organisation. Students are enrolled in **SITXFSA005 - Use hygienic practices for food safety**. Successful participants will receive a Statement of Attainment.

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*

*Creche (childminding) is available for children of parents/primary caregivers attending the course.*



# PATHWAY TO THE HORTICULTURAL INDUSTRY

WHS through gardening, landscaping and growing food crops

\*FREE COURSE



 **Wednesdays, Commencing 31st July 2024**

 **9:30 am - 1:00 pm**

 **Morella Community Centre  
90 Kings Road, Parafield Gardens. Kaurna Country**

Do you have an interest in gardening, landscaping or growing food crops?

Through this 15-accredited week course, learn work health, and safety practices through gardening skills. Explore study and employment opportunities in the horticultural industry. Be a part of the design, development and maintenance of Morella Community Garden space as a part of your learning. Topics include:

- Design and soil testing
- Fundamentals of planting, potting and maintaining plants
- Germination and growing from cuttings
- Native plants
- Treating pests and diseases
- Plant identification

**Please register your interest by contacting us.**

 **08-84068482 , 0484958823**

 **communityeducation@morella.org.au**

This course is delivered and assessed by Interskills (RTO 6653) which is the issuing registered training organisation. Students are enrolled in **BSBWHS211 - Contribute to the health and safety of self and others**. Successful participants will receive a Statement of Attainment.

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*



**Interskills**  
TRAINING



Interskills is a division of WISE Employment RTO 6653





**\*FREE  
COURSE**

# MicroBusiness 101

*Starting your own small business*

 **Polaris Business Innovation House  
5 Mawson Lakes Blvd, Mawson Lakes. Karna Country**

 **Tuesdays,  
Commencing 27th August 2024**

 **9:30am - 12:00pm**

Thinking of turning your hobby, skill or passion into a business. This 10-week course will focus on strategies that may support you start your own business.

Understand the legalities of setting up a business, explore marketing and social media presence, finances and costings and find supports around you that can help you start planning your venture. Topics include:

- Need Analysis and SWOT analysis
- ABN, legalities and compliances
- Invoicing and bookkeeping
- Financing including Super, Tax, Grants and Contracts
- Learning pathways forward

**Register your interest by contacting us:**

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823

**POLARIS**  
BUSINESS DEVELOPMENT CENTRE  
*inspire • create • grow*



Supported by  
**Government  
of South Australia**



**Morella  
Community Centre**  
*Growing With Our Community*

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*

**\*Free  
Course**

**Creche  
available**

# Intro to Nursing & Health industries

 **Morella Community Centre  
90 Kings Road Parafield Gardens. Karna Country**

 **Mondays, Commencing 26th August 2024**

 **10:00am - 12:00pm**

Are you interested in nursing and allied industries?

A 10-week program will introduce you to basic nursing terms and topics in health while building your oral and written communication skills. Understand various health-related topics useful for personal and family circumstances. Topic includes:

- Understand job/study opportunities in the health sector
- Terminologies relating to First Aid and patient care
- Common illness such as allergies and asthma
- Immunizations and medications
- Wellbeing while working health-related roles
- Expectations of the industry

**Register your interest by contacting us:**

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course. Creche (childminding) is available for children of parents/primary caregivers attending the course, children must be over 12 months of age.*







**ARE YOU LOOKING  
FOR WORK?  
VARIOUS  
POSITIONS**

**\*Free  
Course**

**Creche  
available**

# I Want to Work

 **Elizabeth Vale Community Hub  
Rollison Road Elizabeth Vale SA 5112**

 **Wednesdays,  
Commencing 16th October 2024**

 **9:00am - 11:00am**

This 10-week course will help learners to improve communication skills while equipping you with tools to search for job and study opportunities around. Topics covered:

- Identifying jobs that may suit your skills, abilities and your life circumstances
- Exploring suitable study pathways
- Creating your own resumes and cover letters
- Job search techniques
- Job interview techniques
- Understanding work related health and safety topics

**Register your interest by contacting us:**

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823



Supported by  
**Government  
of South Australia**



**Morella  
Community Centre**  
*Growing With Our Community*

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*

*Creche (childminding) is available for children of parents/primary caregivers attending the course, children must be over 12 months of age.*





**\*FREE  
COURSE**

# Intro to Beauty Services Industry

 **Bagster Road Community Centre**  
17 Bagster Road, Salisbury North. Karna Country

 **Thursdays,**  
**Commencing 25th July 2024**

 **10:00am - 12:00pm**

This 10-week course will focus on developing your language, literacy, numeracy and learning goals through various topics that would introduce you to the beauty services industries. Topics include:

- Day and night makeup
- Hair care
- Basic manicure and pedicure
- Hygiene practices within the industry
- Face massage
- Face Contouring & Highlighting
- Eye makeup

Register your interest by contacting us:

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*



**\*Free Course**  
**Creche available**



# Digital Technology

for work and study

 **Morella Community Centre**  
**90 Kings Road, Parafield Gardens. Kaurua Country**

 **Fridays, Commencing 26th July 2024**

 **10:00am - 12:00pm**

A 10-week program will build your confidence to use applications and online platforms to create and design for study and work purposes. Navigate various applications on a Windows laptop while understanding basic Ms. Word, Canva and online safety. Topics include:

- Using the Internet to access information and services
- Basic editing on MS Word
- Making Forms and Tables
- Design a flyer
- Daily budgeting on Excel
- Create your own Cricut design

**Register your interest by contacting us:**

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course. Creche (childminding) is available for children of parents/primary caregivers attending the course, children must be over 12 months of age.*







**\*Free  
Course**

**Creche  
available**

# Nutrition & Cooking Basics

 **Morella Community Centre  
90 Kings Rd, Parafield Gardens. Karna Country**

 **Mondays,  
Commencing 14th October 2024**

 **10:00am - 12:00pm**

A 6-week course with hands-on activities in the kitchen to learn about nutrition and cooking basics through a variety of recipes. This course will focus on developing your reading, numeracy and communication skills through a range of cooking and food-handling activities. Topics include:

- Follow recipes to prepare nutritious budget-friendly meals
- Understanding macronutrients, protein, fats and carbohydrates in food
- Learn how to substitute ingredients based on dietary and other needs
- Label reading and safe food handling practices

**Register your interest by contacting us:**

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course. Creche (childminding) is available for children of parents/primary caregivers attending the course, children must be over 12 months of age.*








**\*FREE  
COURSE**

# Baking Skills

 **Morella Community Centre  
90 Kings Road, Parafield Gardens. Karna Country**

 **Wednesdays,  
Commencing 24th July 2024**

 **9:30am - 12:00pm**

A 10-week course with hands-on activities in the kitchen to learn about baking in a variety of savoury and sweet recipes, food presentation, reading labels, kitchen terminology and safe food handling. Topic includes:

- Cookies, biscuits and brownies
- Buttercream decorations
- Doughs and pastries
- Cheesecakes
- Cakes and muffins
- Vegan and dairy-free baking
- Safe food handling practices

**Register your interest by contacting us:**

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*



Supported by  
**Government  
of South Australia**



**Morella  
Community Centre**  
*Growing With Our Community*



**\*FREE  
COURSE**

# Retail and Customer Service Skills

 **Location: to be advised**

 **Date: to be advised**

 **Time: to be advised**

This 10-week course will focus on improving your foundation skills for work. Learn effective communication skills, seek work opportunities or explore ways to upskill through study.

Topics covered:

- Customer Service and workplace communication skills
- Workplace etiquette
- Work health and safety practices
- Manual Handling techniques
- Money Handling
- Visual Merchandising and much more.

**Register your interest by contacting us:**

Email: [communityeducation@morella.org.au](mailto:communityeducation@morella.org.au)

Phone: 8406 8482

Mob: 0484 958 823

*\*Eligibility criteria apply to enrol for this course. Limited spots available, booking is essential prior to commencement of course.*



Are you a business or community space that would you like to see one of our Adult Community Education courses held at your location?

Let's start the conversation!

Depending on the needs of your community and your facility we could look at hosting a customised ACE course at your location. Let's create access to many more positive learning opportunities.



# CONTACT US

---



(08) 8406 8482  
Mob: 0484 958 823



ace@morella.org.au



Morella Community Centre  
90 Kings Rd  
Parafield Gardens SA 5107



www.morella.org.au



@morellacommunitycentre

